

Be Prepared For Any Emergency!

When it comes to a disaster, is your family prepared? Prepare a disaster kit for your home, work, car, and don't forget to include your pets. Prepare for 5-7 days so you'll be sure to have enough.



ID
Prescriptions
Insurance
Emergency contact phone numbers
Recent photos of family members and pets
AM / FM radio / NOAA Weather Radio
Cash (with some small bills), credit cards
Tool kit
Extra keys for house and car
Matches and alternative lighting
ABC type fire extinguisher
First Aid kit
Pet Care Disaster Kit
Games, toys, puzzles, books

Basic Home Kit can include:

Water (a quart to a gallon per person per day)

Food (baby food, special diets, and snacks)

Manual can opener

Clothing (seasonal, rain gear), socks, sturdy shoes, work gloves, hard hat

Blankets, pillows, tent, tarps

Toiletries

Soap

Towels

Shaving kit

Tooth paste

Mouthwash

Toilet paper

Feminine products

Diapers

Extra pair of eye glasses

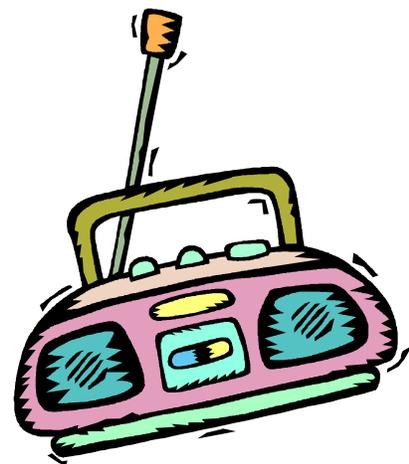
Pop-up wet wipes

Extra batteries

Large and small plastic bags

Water purification tablets

Important documents in waterproof container, paper, pen



For the Car

A disaster could make it difficult to communicate and for response units to get to you in the event of an emergency. If you are away from home, you may have to rely on the supplies you have with you. Pack enough for each family member.



Food
Water
First Aid kit, medications
Blanket or sleeping bag
Rain gear, coat
Extra clothes, sturdy shoes
Flashlight, batteries
ABC type fire extinguisher
Matches and candles
Plastic siphoning hose with hand pump (available at auto center)
Spare hide a keys
***Always keep automobile gas tank at least ½ full**

First Aid Kit

Consider including these items in your First Aid kit. Build it as large as you see fit for the situation. i.e. Home, Car, Work, etc.

Wound Care items:

Triangular bandages
Elastic Bandages
Roller Gauze
Medical tape
2" x 2" gauze dressings
4" x 4" gauze dressings
Band aids
Soap or Wound Care cleaning wipes
Antiseptic or Antibiotic ointment



Miscellaneous:
Eye wash solution
Cold Packs
Non Aspirin pain reliever
Anti diarrhea medication
Antacid
Sunscreen
Tongue depressors (finger splints)
Oral Thermometer
Bandage scissors
Tweezers
Surgical masks, non latex gloves, CPR mask
First Aid Manual

