Fire Department:	Full Duty Release					WASHINGTON FIRE CHIEFS	Employers Job Description Form Medical Provider Return to Work (RTW) Evaluation
HR Contact:	Health Care Provider: Complete th Healthcare Provider section below a						Job of Injury – Full Duty Release
Worker Name: L&I Claim #:							
Department:						Job Title:	Firefighter/EMT/Paramedic
·							
Phone #:	Т					Work Hours:	□ 24 Hour Shift □8 Hour Day Shift
Employer Representative:						Date:	
Employer Signature: Employee Signature:							
Essential Job Duties: Firefighters perform skilled emergency and non-emergency tasks in areas of fire prevention, fire suppression, hazardous materials, technical rescue, emergency or disaster preparedness, and emergency medical services (EMS) for the protection of life and property. Drives, operates, and maintains fire department equipment and apparatus. Provides emergency medical service and pre- hospital care to the sick and injured. Drives or rides in fire department apparatus; operates and maintains equipment; extends, connects, and operates hoses and nozzles; raises and climbs ladders; uses chemicals, extinguishing agents; and other tools and equipment as required. Ventilates structures, performs salvage operations, and other tasks as directed. Removes citizens and firefighters from danger and administers emergency medical services as required. Responsible for emergency triage and treatment of patients in varied settings; may transport patients for further treatment. Participates in training and attends classes in firefighting, emergency medical services, disaster control, and other areas as directed; maintains skill level to prevent degradation of skills. Performance of hazardous tasks requiring strenuous physical exertion may occur for long periods of time under extremely adverse and stressful conditions. Machinery, tools, equipment and personal protective equipment: Wears full firefighter protective clothing; bunker gear, boots, helmet and gloves. Operates emergency medical aid unit, portable defibrillators, fire apparatus, fire pumps, hoses, and other							
standard firefighting equipment, Jaws of Life, emergency medical equipment, radio, pager, computers, and phones. Operates chain saws, small engine equipment, and tools. Frequency Guidelines: N: Never (not at all) S: Seldom (1-10% of the time)							
Frequency Guidelines:							S: Seldom (1-10% of the time)
O: Occasional (11-33% of the time)				F: Frequent (34-66%)		•	C: Constant (67-100%)
Physical Demands Frequency Description of Task							
Sitting				O-F While driving fire engine, ladder truck & ambulance, desk work, training			
Standing				F	While training, inspecting, responding to fire/EMS calls		
Walking Heights/Ladders/Stairs				F O&F	While training, inspecting, responding to fire/EMS calls Heights & Ladders = 0 Stairs= F		
Twisting at the Waist				F	Awkward positions reaching / moving patients & firefighting		
Bending/Stooping				F	Assessing & lifting patients / giving CPR/ handling fire hoses		
Squatting/Kneeling/Crawling				O-F	During training & fire calls working in confined space		
Reaching Out L R B			O-F	While assessing / moving victims & during EMT duties			
Working above Shoulders			Х	0			bing ladders & inspecting
Handling/Grasping			Х	O-F	На	ndling gurneys, victims,	ropes, ladders, AED & BP equipment
Fine Finger Manipulation			Х	O-F			tourniquets & writing reports
Foot Controls			Х	F			dder truck & ambulance
Driving			Х	F		<u> </u>	dder truck & ambulance
Repetitive Motion Talking/Hearing/Seeing			X	0-F			ing response data & writing reports
Vibratory Tasks HI ☐ LO			X	C S-F			talk over radio/phone & in person vehicles; HI operating hose & power tools=S-O
Lifting (1 - 200+) lbs			X	S-F	Eq		1-50 lbs. O =51-100 lbs. for 1 person and
Carrying (1 - 200+) lbs			х	O-F	Eq		1-50 lbs. O =51-100 lbs. for 1 person and
Pushing/Pulling (1 - 200+) lbs	S		х	S-O	O= po	Moving victims, furnitur	e, and debris at ER scenes S= Using pike oris from fire scene & Jaws of Life at MVA to
RETURN TO WORK STATUS & RELEASE SECTION FOR HEALTH CARE PROVIDER USE ONLY							
way endanger him/herself in the performance of firefighting duties? Yes No Is the firefighter taking any medication that would cause them to be disorientated or dizzy during the performance of firefighting duties? Yes No						Other Forms Required: Activity Prescription I Other Comments:	
Approval for Full Duty Return	to Work		25	⊐ No		Signature:	inted Name: